

Courses of Study

FULL COURSES LEADING TO DIPLOMAS

STUDENTS taking this course receive a certificate on completing two years of study; but those desiring the professional diploma must take an additional year. This diploma qualifies the holder to teach English, Expression, and Physical Education.

THE COURSE has been arranged to meet the requirements of students who have already taken that of the High Schools of the Department of Education for Junior Leaving or for Junior Matriculation. It includes advanced study of the great periods of English Literature, with criticism of exercises in English Rhetoric and Prose Composition; training in Practical Expression, in its æsthetic as well as its technical aspect; and a normal course in Physical Education. This Physical Education course is identical in the first two years with that of Course II, and has the advantage of a third year in which stress is laid on practice in teaching and original work. Those whose preparation is sufficient may add a three years' course in the French Language and Literature. This programme is not outlined, as the French Classes have a special grading, and the work is adapted each year to the needs of the students.

The following is the programme of studies in the three main departments:

FIRST YEAR

The English Language and Literature:

Composition and the elements of Rhetoric, with special attention to sentence and paragraph structure, and to arrangement of material.

*I.
A Normal
Course
in
English,
Expression
and
Physical
Education*

An outline of the Literature of the Nineteenth Century,
with special study of selected classics.

The Art of Expression:

The Placing and Development of the Voice.
Corrective Work.
Exercises in Reading and Speaking.
The Study of four selected plays of Shakespeare.
Platform Deportment.

Physical Education:

THEORY:

The elements of Anatomy, Physiology and Hygiene,
with special reference to Physical Education.
The Theory of Educational Gymnastics.

PRACTICE:

Swedish Calisthenics and light Gymnastics, including
drills in Dumb-bells, Clubs, Wands, etc.
Tactics.
Æsthetic, National, and Folk Dancing.

SECOND YEAR

The English Language and Literature:

The Writing of Essays, with special attention to clearness,
precision of expression, and elegance of style.
An Outline of the Literature of the Eighteenth Century,
with special study of selected classics.
A Course in Modern Dramatic Authors.

The Art of Expression:

Advanced work in the use and development of the voice.
Corrective Work, continued.
Exercises in Reading and Speaking, continued.
The study of Shakespearean and other dramatic works,
with a view to interpretative rendering.
The presentation of plays.

Physical Education:

THEORY:

Applied Anatomy.

Kinesiology.
Physiology and Psychology of Exercise.
History of Physical Education.
Anthropometry and Practice in Measuring.
Remedial Gymnastics.
†First Aid and Home Nursing.

PRACTICE:

Continuation of First Year work.
Fencing.
Single-sticks.
Corrective Exercises.
Original class drills in Dancing, Free-standing
Exercises, Dumb-bells, Wands and Clubs.
Indoor Sports.
Athletics.
Practice in Conducting Classes.

THIRD YEAR

English Literature:

An Outline of the Literature of the Sixteenth and
Seventeenth Centuries, with special study of selected
works of Spenser, Shakespeare and Milton.
The Course in Modern Dramatic Authors, continued.

The Art of Expression:

Development of the voice, continued.
Corrective Work, continued.
Advanced exercises in the Reading of Poetry.
Interpretation of Shakespearean and other dramas.
Practice in Teaching.
Presentation of Plays.

Physical Education:

The work of the Second Year continued, with special
stress laid on Practice in Teaching, and on original
work.

†*First Aid and Home Nursing are taught alternate years.*

II.
A Course
in
Physical
Education

THIS IS a two years' course, and leads to a diploma qualifying the holder to teach Physical Education. The following subjects are included:

FIRST YEAR

THEORY:

Elements of Anatomy, Physiology and Hygiene,
with special reference to Physical Education.
Theory of Educational Gymnastics.

PRACTICE:

Swedish Calisthenics and Light Gymnastics, including drills in Dumb-bells, Clubs, Wands, etc.
Tactics.
Æsthetic, National, and Folk Dancing.
Voice Culture.
Speaking.
The Elements of Physical Expression.

SECOND YEAR

THEORY:

Applied Anatomy.
Kinesiology.
Physiology and Psychology of Exercise.
History of Physical Education.
Anthropometry and Practice in Measuring.
Remedial Gymnastics.
†First Aid and Home Nursing.

PRACTICE:

The continuation of First Year work.
Fencing.
Single-Sticks.
Corrective Exercises.
Original Class Drills in Dancing, Free-standing Exercises, Dumb-bells, Wands, Clubs, etc.
Indoor Sports and Athletics.
Practice in Conducting Classes.

†*First Aid and Home Nursing are given alternate years.*

THE PARTIAL COURSE

THIS COURSE has been arranged for students who desire to continue their studies beyond the range of the secondary schools, but do not wish to take either of the full courses outlined above. It comprises the English and French of Course I, together with the Practice of Physical Education, which includes Voice Training, Speaking, and the elements of Dramatic Art.

*A Course
in
English,
French
and
Physical
Education*

A certificate will be given, if desired, to students who have fulfilled the requirements of this Course.

Subjects in Detail

THE DEPARTMENT OF ENGLISH

THE AIM of this department is to give, in a three years' course, a general survey of the great periods of English Literature; to develop fine taste and discriminating judgment by detailed, critical discussion of the masterpieces of our most distinguished authors; to arouse interest in contemporary literary movements, whether of our own, or of foreign lands, and to give a command of clear, simple and elegant English. The section dealing especially with the Drama, aims, in addition, at giving students such an understanding of stage technique, and of characterization, as may assist them in the presentation of plays, or scenes from plays.

DRAMATIC LITERATURE

*The
Shakespeare
Class*

THIS CLASS meets every Wednesday morning at eleven o'clock in the Principal's studio.

The following plays will be read dramatically during the three years' course:

As You Like It.

Twelfth Night.

Julius Caesar.

Antony and Cleopatra.

Hamlet.

Macbeth.

Romeo and Juliet.

King Lear.

Othello.

The Tempest.

A Winter's Tale.

Cymbeline.

THIS CLASS meets every Tuesday morning at eleven o'clock, in the Principal's studio. The work of the following authors will be discussed, and representative plays read:

*Some
Modern
Dramatists*

Ibsen.
Maeterlinck.
Shaw.

Yeats.
Synge.
Lady Gregory.

POETICAL LITERATURE

This Course consists of:

IN THE FIRST YEAR, an outline of nineteenth century poetry, with special study of selected works by the following authors:

*Nineteenth
Century
Poetry*

Wordsworth.
Scott.
Coleridge.
Byron.

Shelley.
Keats.
Tennyson.
Browning.

IN THE SECOND YEAR, an outline of eighteenth century poetry, with special study of selected works by the following authors:

*Eighteenth
Century
Poetry*

Dryden.
Pope.
Thomson.
Collins.

Gray.
Goldsmith.
Cowper.
Burns.

IN THE THIRD YEAR, an outline of sixteenth and seventeenth century poetry with special study of:

*Sixteenth and
Seventeenth
Century
Poetry*

Spenser: *The Faery Queen, Book I.*
Shakespeare: *King Lear.*
Milton: *L'Allegro; Il Penseroso; Selected Sonnets; Paradise Lost, Books I and II.*

A general acquaintance with the whole of *Paradise Lost* is also required.

*The
Browning
Class*

THIS CLASS meets every Monday morning at eleven o'clock in the Principal's studio. *Paracelsus* and selected shorter poems will be studied in 1916-1917.

PROSE LITERATURE AND COMPOSITION

This Course consists of:

*Nineteenth
Century
Prose*

IN THE FIRST YEAR, the critical study of the following masterpieces, and the writing of essays based on that study:

Scott:	<i>Rob Roy.</i>
Jane Austen:	<i>Pride and Prejudice.</i>
George Eliot:	<i>Middlemarch.</i>
Ruskin:	<i>A Crown of Wild Olive.</i>

*Eighteenth
Century
Prose*

IN THE SECOND YEAR, the critical study of the following masterpieces, and the writing of essays based upon that study:

Addison:	<i>Essays.</i>
Swift:	<i>A Voyage to Lilliput.</i>
Goldsmith:	<i>The Vicar of Wakefield.</i>
Burke:	<i>Conciliation with the Colonies.</i>

*The Reading
Club for
the Study
of
Contemporary
Authors*

THIS CLUB meets on the first and third Thursday of each month. The Club aims at getting into sympathetic touch with the great literary authors of our own times, who are influencing the thought of the civilized world; and also with minor literary movements of distinction and charm. During the seven years of its existence, the Club has studied the leading works of Henrik Ibsen, Maurice Maeterlinck, George Meredith, Bernard Shaw, Theodore Watts-Dunton, Fiona Macleod, and the group associated with the new literary awakening in Ireland—

Lady Gregory, George Russell, William Butler Yeats, and John Millington Synge. The subject for 1916-1917 will be the works of Count Lyof N. Tolstoi.

THE DEPARTMENT OF FRENCH

THE ATTENTION of students is drawn to the value of foreign languages in an educational course. In addition to the practical advantage of offering a means of communication with another people, each new language acquired is a key to a new world of literature and thought. Not only so, but experience has proved that through the study of foreign languages lies the most direct route to acquiring accuracy in the use of one's own. A knowledge of English Grammar, and of English sentence structure, and precision in the use of English words, will all be greatly furthered by a scientific study of French.

THE FRENCH DEPARTMENT offers a three years' course in Grammar, Composition, Conversation, and Reading. The classes are carefully graded, so that beginners may not be discouraged by striving to keep pace with advanced students, nor advanced students held back by beginners.

INSTRUCTION in Pronunciation, Conversation and Reading are given by a teacher of French nationality.

THE DEPARTMENT OF EXPRESSION

DRAMATIC ART

EXPERIENCE proves that nothing in all our work so quickly develops ease, naturalness, spontaneity, imagination, clear enunciation, and interpretative power, and so

effectually banishes timidity, affectation, and self-consciousness as training in Dramatic Art. Therefore, while this department may be used as a preparation for the stage, that is not its purpose.

VOICE CULTURE

THE VOICE, the greatest instrument of expression, is generally the most neglected. Correct breathing is fundamental, whether for speech or song. Our method places all activity at the diaphragm and leaves the throat passive and relaxed. No one who has mastered this method will have speaker's sore throat. After technical drill, voice placing, vocal process in exercise, the voice becomes responsive to feeling, and timbre (tone color) is the result.

PUBLIC SPEAKERS' CLASS

THE work in this class is devoted principally to:

1. The Training of the Voice.
2. Melody in Public Speaking.
3. Platform and Pulpit Deportment.
4. Reading.

CORRECTIVE WORK

STAMMERING, stuttering and other impediments of speech are corrected, and constrictions of the throat and tongue relieved, by scientific methods. Distinguished physicians have expressed satisfaction with the results attained.

THE DEPARTMENT OF PHYSICAL EDUCATION

The Purpose

THE AIM of this Department is to provide young women with a training, both in the Theory and Practice of Physical Education, that will enable them to take



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